



PROGRAM ACTIVITIES

09:30 - 09:50 MUSCLE AWAKENING

10:00 - 12:00 MINICLUB (BEACH)

10:30 TOURNAMENT (BEACH)

11:30 WATER AEROBIC

12:15 GOOD APPETITE

14:00 -16:00 TIME OF SILENCE

16:00 - 18:00 MINICLUB AT THE BAR

16:00 - 17:00 TOURNAMENT SOFT

17:30 -19:00 TOURNAMENT

18:00 -18:30 AEROBIC DANCE

21:30 -22:00 BABY DANCE

22:00 EVENING SHOW

24.00 GOOD NIGHT